SPRING 2021

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Meet our New Director: Kate Flowers

Meet Kate Flowers. Kate is an active member at Lake Mount Church of Christ, where she and her husband, Ryan, are active in the Junior High and High School Legacy program. They have 5 children: Emily is 13 years old, Trey is 11 years old, Lillian is 9 years old, Erilyn is 8 years old, and Carter is 6 years old. Together Ryan and Kate have been homeschooling their children for the past 11 years and love having this time and connection with their children.

After first hearing about Heartbeat at Elkhorn Valley Christian Service Camp, over 20 years ago, Kate has been passionate about the rights of unborn children. Along with her husband, Kate has been a vison host for the banquets, and her whole family participates in the Walk for Life.

"I am honored and humbled that I have been chosen to serve in this amazing ministry. Life is a beautiful gift and being the voice for the unborn is such a privilege." Kate Flowers

Proverbs 139:13 &14

I





Smart Mommy, Safe Baby Program

Cornerstone Parenting Center is now offering a FREE program called, Smart Mommy, Safe Baby. This program allows new moms to learn and develop valuable parenting skills while earning FREE equipment to keep their babies safe.

Moms are matched with a trained Cornerstone parenting coach who guides them through 24 en-

gaging, video-based lessons on parenting, child safety, child nutrition, immunizations, toddler milestones, child behavior, establishing routines, budgeting, and home maintenance, just to name a few.

After completing the first 12 lessons, moms are rewarded with a portable playpen (with bassinet), so their babies have a safe place to sleep.



Moms who complete the next 12 lessons, are then given a carrier/stroller combo to keep their babies safe while traveling.

Training sessions take place once a week at Cornerstone Parenting Center.

Upcoming Events

Register Now for the Banquet!

HEARTBEAT VISION BANQUET

the power of ONE



- Q LAKE MOUNT CHURCH

Register at heartbeatcc.com



You're Invited!

What: A Natural Family Planning Session featuring,

Sairey Williams, PA When: May 6, 2021

Time: 7-8pm

Where: Cornestone

848 Northside Ave. East Liverpool, OH

43920

Cost: \$10 per couple

*Scholarships are available.

To register, please call 330-386-3999



Are you an Amazon shopper? Did you know that you can donate to Heartbeat through Amazon Smile? It's super easy! Just go into your Amazon account settings and select to add Amazon Smile, then type in Heartbeat of Columbiana County as your charity to give towards. Then with your approved Amazon purchases, Amazon will give a percentage to Heartbeat!

It's that easy.

National Pro-Life T-Shirt Day April 27, 2021

This day is set aside for individuals to express their support for the children in the womb and the end of abortion by wearing a pro-life t-shirt. Wear a Pro-Life shirt at school, work, while running errands or even at home! If you would like to purchase a t-shirt please contact us







Tere Rufener is holding remote Zoom sessions of the Freedom in Surrender program for women looking for emotional healing from a past abortion. Anyone interested should contact her for information at

330-386-3999 or teresa@heartbeatcc.com



Now offering a FREE Breastfeeding Class to all new and expectant moms/couples thinking about or planning to breastfeed!!

When: Monday, April 26, 2021

Time: 5-7pr

Where: Cornerstone 848 Northside Ave, East Liverpool, Ohio 43920

Please come prepared with questions.

Call to reserve your spot at 330-386-3999



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Other News

Baby Boutique Organization

A group of American Heritage Girls from Troop 1230, along with some amazing young women from Amy Martin's church, came and spent their day helping to organize the Baby Boutique at Cornerstone Parenting Center. These girls did an amazing job sorting through baby items and helping to get the Baby Boutique ready for the parents who come to Cornerstone.

Parents in the Cornerstone Bright Course Program are able to earn "Cornerstone Cash" that they can use at the Baby Boutique to get new baby clothes, toys, or even maternity or nursing items for mom.



A.L.I.C.E. Class at Cornerstone

The staff of Heartbeat attended an A.L.I.C.E. training class on Tuesday, March 30th. This training was to help prepare staff members in the event of an active shooter threat. Although it is no longer referred to as an active shooter threat, it is now called an active killer threat.

A-Alert

L-Lockdown

I-Inform

C-Counter

E-Evaluate

They learned that one should always be aware of their surroundings, situational awareness, and know your environment. The National Average response time is 5-6 minutes for help to arrive once called.

The staff also learned some fighting techniques including SWARM and did some role-playing activities. All in all, it was definitely a meeting worth attending.

Thank you to Officers Hednick and Mick for coming and teaching this class!



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Look for the new Cornerstone newsletter in your mail next month!